

# Assessing the GHG Emissions Impacts of Distributed Workplace Policies

Workplace Investment Feasibility & Modeling (WIFM) Tool

# A GSA + Noblis Study

May 2024



Brian Gilligan, PE, SCPM

Saif Sadeq, LEED AP, LFA

# Workplace 2030- A CHANGING FUTURE OF WORK



### Work can be done anywhere, at any time.

Real estate will help us maintain and enhance human connections, but technology will be the primary force that brings work together.



### The office is necessary, but its purpose is shifting.

Offices will remain critical to collaborate, maintain connections, and access secure resources. They will also continue serving as primary workspaces for those who can't (or don't want to) work from home.



### Distributed work is trusted work.

During the pandemic, agencies discovered the positive impacts of telework. Employees will want to continue working wherever it best suits the task at hand.



### Hybrid work arrangements benefit both the employee and the organization.

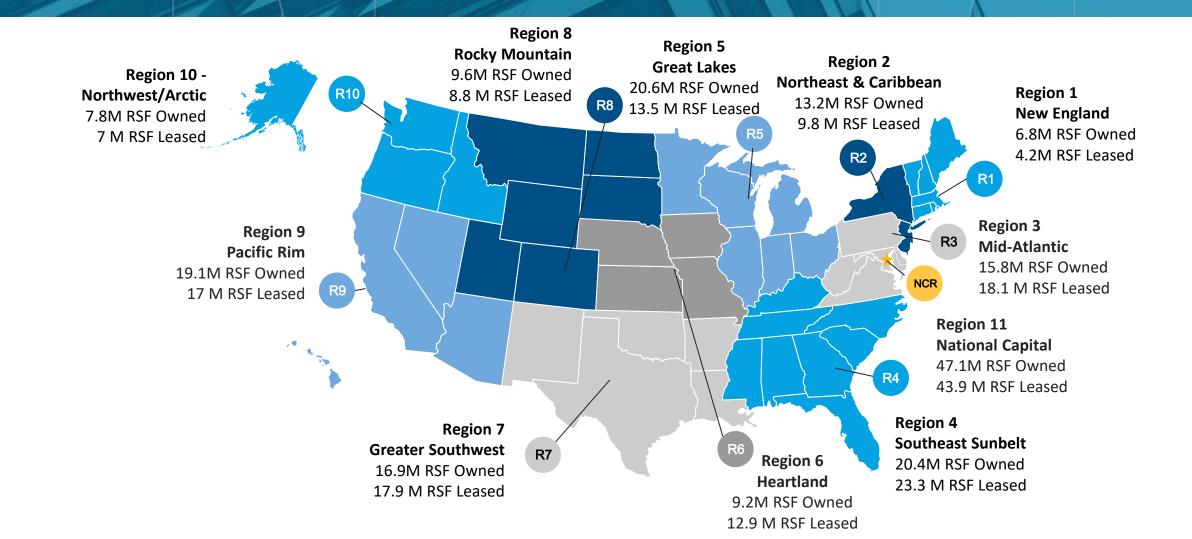
Working from home affords employees scheduling flexibility, opportunities to improve a work-life balance, and cost and time savings from commuting.



# **GSA Portfolio : Snapshot**

- 2,000 communities across the country
- 360 Million Rentable Square Feet (RSF)
  - 190 Million RSF in 1,685 federally-owned assets
  - 170 Million RSF in 6,590 leased assets;
     56% expiring within 5 years
- 5.8% Vacant Space end of FY23
  - 9.9% federally-owned; 2.3% leased

# **GSA Portfolio : National Distribution**



# **GSA Portfolio : Asset Types**

| Facility Type          | Total RSF<br>(Millions) | Vacant RSF<br>(Millions) | Average<br>Age |
|------------------------|-------------------------|--------------------------|----------------|
| Office                 | 103.6                   | 6.8                      | 65             |
| Courthouse             | 64.3                    | 3.4                      | 65             |
| Warehouse              | 7.1                     | 0.4                      | 64             |
| Land Port of Entry     | 4.8                     | 0.9                      | 31             |
| Laboratory             | 1.7                     | 0.2                      | 30             |
| Public Facing Facility | 0.9                     | 0.2                      | 52             |
| Child Care Center*     | 0.2                     | -                        | 26             |
| Parking                | 0.2                     | 0.2                      | 42             |
| Other                  | 3.9                     | 1.3                      | 43             |

| Size Range<br>(RSF) | Owned<br>Assets |
|---------------------|-----------------|
| Under 10K           | 700             |
| 10K to 25K          | 210             |
| 25K to 50K          | 137             |
| 50K to 100K         | 153             |
| Over 100K           | 452             |
| Total               | 1,652           |

## **WIFM Tool Overview**



## WHAT IS IT?

A configurable tool that allows GSA project teams and client agencies to quickly see potential space-saving benefits from increased telework levels.

## **BACKGROUND & DEVELOPMENT**

The first version of WIFM was developed in-house and released to client agencies in 2018. By adjusting individual workspace sizes and desk sharing ratios, client agencies could see the overall impacts on space needs. GSA recently enhanced the tool, giving it a cleaner user interface, do-it-yourself customization features, and greater accuracy in space calculations. Latest update in Spring 2023 added  $CO_2$ e estimates.

## **PURPOSE**

To help users make better and earlier decisions about their workplace needs, as they consider the impact of hybrid work and alternative workplace strategies.

## **WIFM Tool Benefits**



¢ m

Configure and compare multiple workplace scenarios

Jump start development of future space requirements



Develop feasibility scenarios for subsequent workplace programming & sustainability criteria



Identify potential future need for change management services

GSA Workplace Investment & Feasibility Modeling (WIFM) Tool v2.01

#### Parameters

 Projected Headcount \*
 100 pJ

 Utilization Rate Goal
 150 usf/person

 Total Current Space
 20,000 usf

 Scenario 1
 Scenario 2

 Degree of Workplace Change \*
 Low

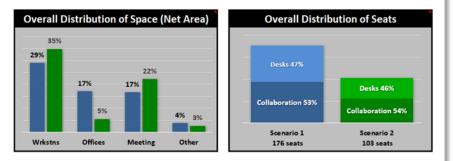
| Position Distribution*  | Scenario 1   | Scenario 2           |
|---|--------------|----------------------|
| Office-Based<br>(Considered full time on-site.<br>Less than 1 day a week of teleworking.)                     | 50%          | 10%                  |
| Periodic Telework<br>(Employees primarily work from the office.<br>On average 1 - 2 days a week teleworking.) | 20%          | 50%                  |
| Frequent Telework<br>(Employees work between offsite and office.<br>On average 3 - 4 days a week teleworking) | 20%          | 30%                  |
| Remote Work<br>(Extensive virtual work adoption.<br>On average 5 days a week teleworking.)                    | 10%          | 10%                  |
|   | 100%         | 100%                 |
| * required field  |              |                      |
| Welcome Dashboard Customize Will  | M Scenario 1 | Details Scenario 2 D |
|   |              |                      |



 $\oplus$ 

Details

Click to go to another part of WIFM Utilization Rate (USF / Person)



•

## **WIFM Tool-Use Cases**



## **Change in Capacity**

Evaluate quickly how an increase or decrease in personnel will impact future space needs.

## **Requirements Development**

Generate and compare many different options at the beginning of the Requirements Development process.

## **Telework Policy Change**

Rapidly compare options for changing telework or mobility policy to see the impacts on future space needs.

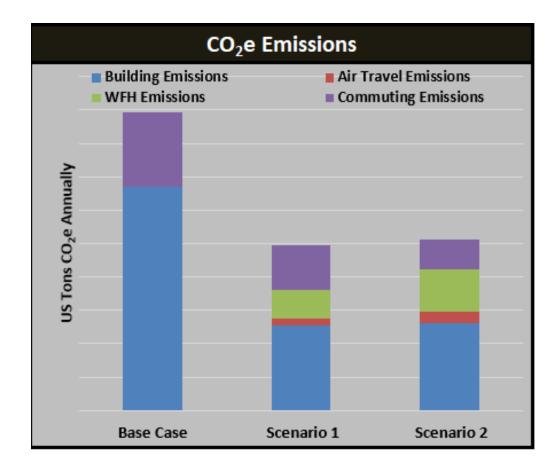
## **CO<sub>2</sub>e Estimates (new feature)**

Understand the rough magnitude of impact that changes in workplace policy/space requirements may have on emissions.

## WIFM Tool-CO<sub>2</sub>e Module

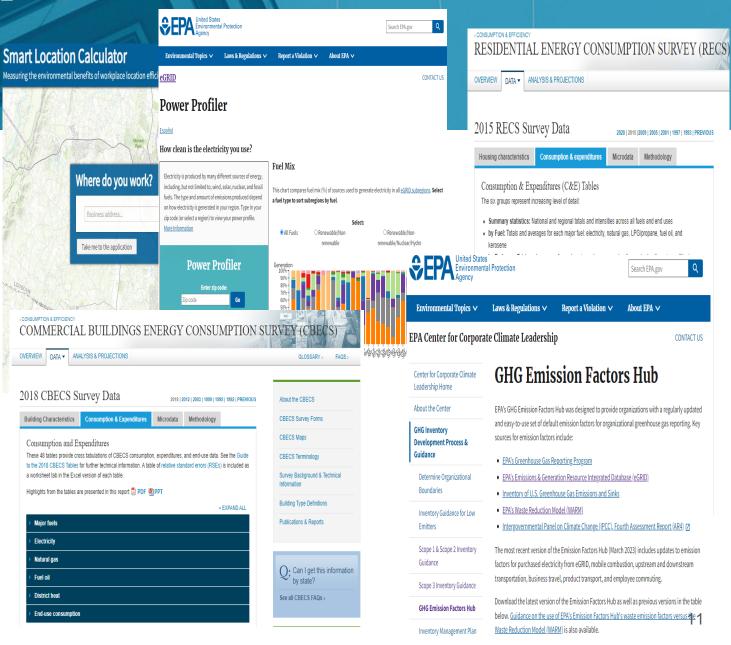


- Added to WIFM in Spring 2023
- Methodology, data, and calculations validated by a cross sector SME Advisory Panel
- It's a planning and decision making tool **NOT** a calculator
- Provides ROM estimates of annual workplace CO<sub>2</sub>e
- Shows changes in CO<sub>2</sub>e based on changes in workplace policies,space requirements, and planning decisions (base case VS 2 Scenarios)
- Captures CO2e from **4 emissions streams**:
  - Office building emissions
  - $\circ$  Commuting emissions
  - $\circ$  WFH emissions
  - Air travel emissions



## WIFM Tool-CO<sub>2</sub>e Module - Data Sources

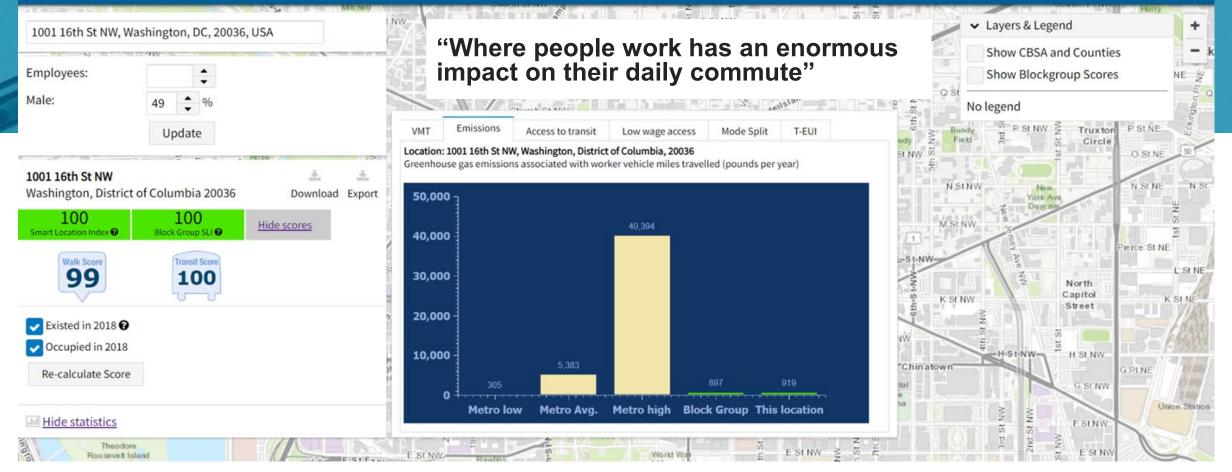
- <u>CBECS 2018</u> Building Energy Use Intensity
- <u>RECS 2015</u> Work From Home (WFH) Heating and Cooling Energy
- <u>EIA Energy Use by Type of Building</u> Office building emissions
- <u>EPA's Emissions Factors</u> Converting energy, Vehicle Miles Traveled, air miles to CO<sub>2</sub>e emissions
- <u>eGRID</u> Converting electricity to emissions
- <u>Smart Location Calculator</u> Average Vehicle Miles Traveled for GSA buildings by Zip Code (internal source)



### Smart Location Calculator

Measuring the environmental benefits of workplace location efficiency





- The Smart Location Calculator is a simple tool for exploring how workplace location affects worker commute travel.
- Joint GSA/EPA tool, publicly available at <u>slc.gsa.gov</u> Measures the environmental benefits/impacts of workplaces
- Location specific (down to CBSA level) Smart location index (0-100)- With 0 being the least efficient.
  - VMT/GHG
- Walk/transit scores

## WIFM Tool-CO<sub>2</sub>e Module - Assumptions



- All CO<sub>2</sub>e estimates are annualized
- Base case all employees are office based and commute five days a week
- Base case no emissions from Work From Home (WFH) or Air Travel
- Air Travel for remote employees traveling to/from the office for internal connection
- Commuting emissions based on the average vehicle miles traveled (VMT) by zip code
- Commuting emissions fully remote employees do not commute
- WFH home-office energy calculations based on 240, 8-hour workdays per year
- WFH office-based employees have no home-energy emissions

## WIFM Tool-CO<sub>2</sub>e Module



### GSA Workplace Investment & Feasibility Modeling (WIFM) Tool v2.01

#### Parameters

to the attriactor accorded

office arrended)

Flight Frequency (For complexitell to

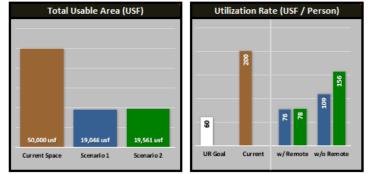
distance (For complex toll to travel to the

trouble the effice arneeded) % of remote staff out of commute

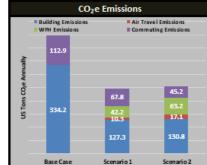
| Projected Headcount * | 250 ppl       |
|-----------------------|---------------|
| Utilization Rate Goal | 60 usf/person |
| Total Current Space   | 50,000 usf    |
| Building Use Type     | Office        |
| Office Zip Code       | 20001         |
|                       |               |

Scenario 1 Scenario 2 Degree of Workplace Change \* High

| Position Distribution*   | Scenario 1 | Scenario 2 |
|--|------------|------------|
| Office-Based<br>(Causi desedfull time an seiter<br>Lees then I dey executed telessarking.)                     | 50%        | 30%        |
| Periodic Telework<br>(Implayson primorily work from the office.<br>On ourse on 1-2 doys owned teleworking.)    | 10%        | 10%        |
| Frequent Telework<br>(Impley car work between althite and allier<br>(In our equily - I days owned televarking) | 10%        | 10%        |
| Remote Work<br>(Extensive virtual work adaption:<br>Converses 5 days owerk telewarking.)                       | 30%        | 50%        |
|  | 100%       | 1000%      |









Avg. Flight Distance Personal addition Short (<300 miles) Quarterly 50%

Low

## **Tool Demo**

# **Case Study - Chicago Office Building**

### **Base-case parameters:**

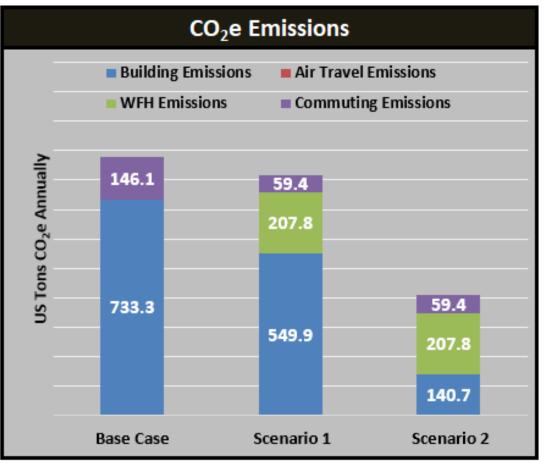
- Original Floorspace: ~80,000 USF
- Headcount: ~500
- Zip Code: 60604
- Base Case: Pre-pandemic, assuming everyone was Office Based
- Air Travel: None assumed for remote employees

### **WIFM Scenarios:**

- Scenario 1 & 2: 57% hybrid, 2% office-based, 41% remote (actual)
- Scenario 1: ~60,000 USF office footprint (actual)
- Scenario 2: ~15,348 USF office footprint (WIFM-calculated)

### Supplemental Analysis:

- Change in annual commuting estimated from available HR data:
  - 75% drop pre/post pandemic across GSA (emissions intensity)
  - 72% drop for this location
- Compares favorably ~60% commuting reduction calculated by WIFM
- Actual estimated building emissions for all of GSA-occupied space dropped by 13% from pre-pandemic baseline (2019).
- Scenario 1 projects a 25% reduction in building emissions BUT if GSA followed the WIFM (Scenario 2), emissions would drop by 80%



# **Case Study - Fort Worth Office Building**

### **Base-case parameters:**

- Original Floorspace: ~126,000 USF
- Headcount: ~660
- Zip Code: 76102
- Base Case: Pre-pandemic, assuming everyone was Office Based
- Air Travel: None assumed for remote employees

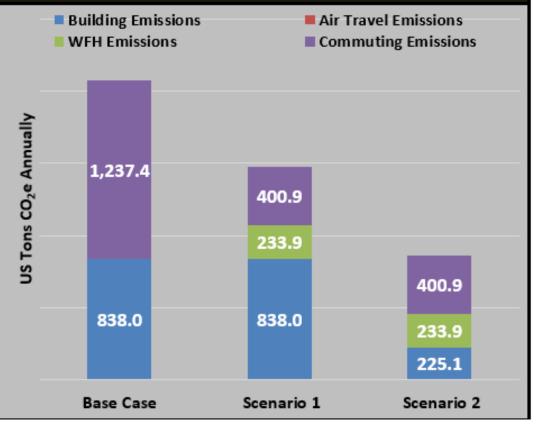
### **WIFM Scenarios:**

- Scenario 1 & 2: 46% hybrid, 1% office-based, 53% remote (actual)
- Scenario 1: ~126,000 USF office footprint (actual)
- Scenario 2: ~19,844 USF office footprint (WIFM-calculated)

### **Supplemental Analysis:**

- Change in annual commuting estimated from available HR data:
  - 75% drop pre/post pandemic across GSA (emissions intensity)
  - 81% drop for this location
- Compares favorably ~67% reduction calculated by the WIFM
- Actual building emissions for all of GSA-occupied space dropped by 13% from pre-pandemic baseline (2019).
- Scenario 1 shows no reduction in building emissions BUT if GSA followed the WIFM (Scenario 2), emissions would drop by 73%

### CO<sub>2</sub>e Emissions



# **Sensitivity Analysis**



### Approach:

Use CoolClimate's <u>Household Carbon Footprint (HHCFP)</u> dataset to estimate the impacts to non-work household emissions of remote employees that move away from the office location.

As it is still unclear how prevalent these relocations are, these results don't impact the WIFM's outcome; they are provided to help the decision maker consider this potential unintended consequence.

### Scope:

Select the share of remote workers you guess might relocate and an average carbon footprint (higher or lower) for the new location. From this WIFM projects the change in non-work emissions.

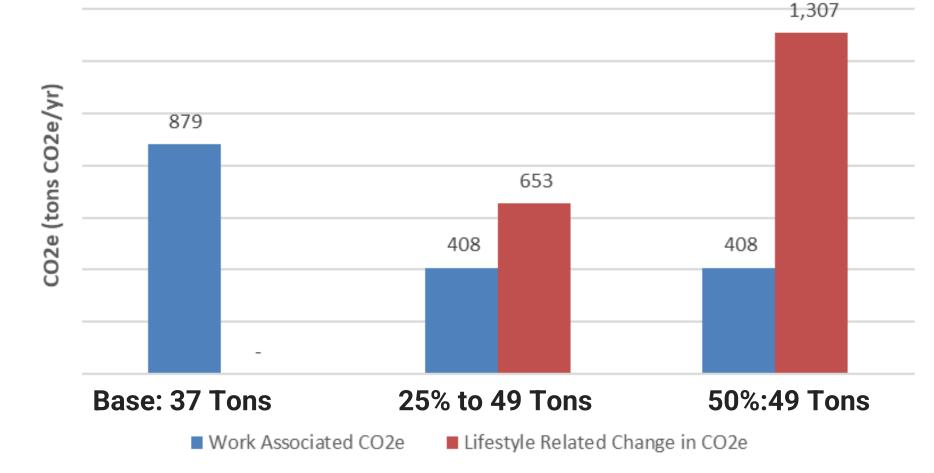
### **Emission Boundaries/Categories:**

- Housing energy: (Electricity, Natural gas, Fuel oil)
- Non-work-related transportation emissions
- Food
- Goods
- Services



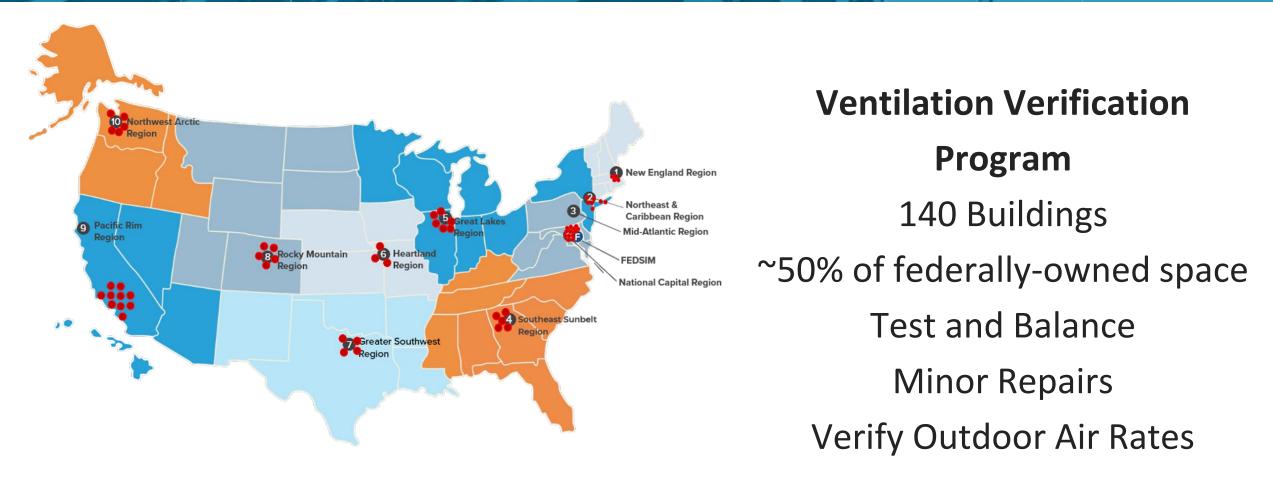
## Sensitivity Analysis - Chicago Office Building

What if <u>Some Remote Workers</u> Move to More Carbon Intensive Locations?



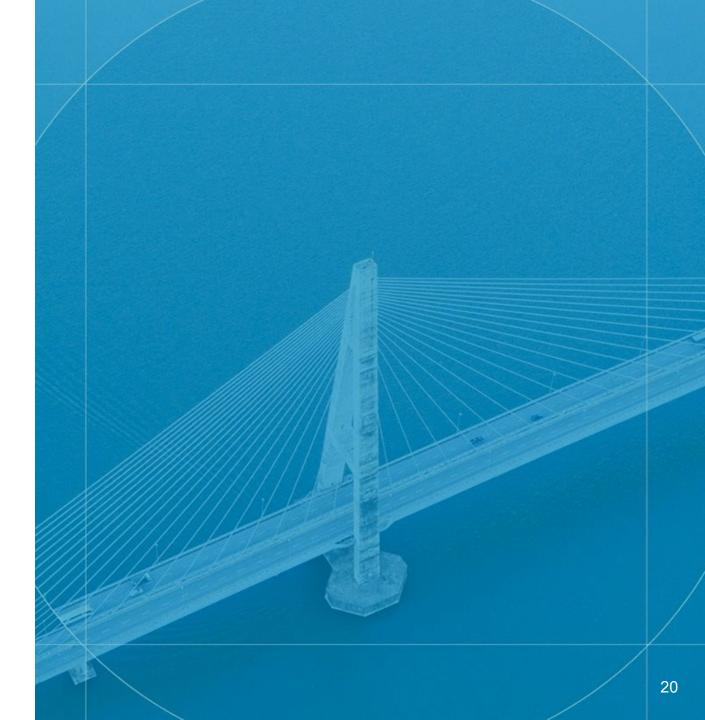


# **Optimizing Our Footprint Helps Achieve Other Goals**





# Resources



## **Change Management**

### **Resources to Improve The Home Office**

#### REDUCING THE CARBON FOOTPRINT OF REMOTE WORK Improving Energy Efficiency GS۸ of the Home Office

THE HOME OFFICE

Telework has led to a decrease in carbon footprint

becomes less frequent. However, there is also an

related to transportation, as commuting to the office

increase in overall home energy consumption as the

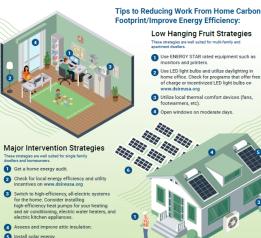
home office becomes prioritized. Encouraging remote

workers to invest in habits and products that reduce their at-home carbon footprint can offset these issues

ell suited for multi-family

workplace 2030

THE CHANGING WORKPLACE The rapid growth of telework has prompted the federal community to reassess the traditional workplace. Indeed, a guiding principle of Workplace 2030 is that work can be done anywhere at any time As the expansion of telework grows, so does the need to invest in better home offices. Specifically, reimagining the workspace through a sustainability lens and prioritizing reducing carbon footprints and increasing the energy efficiency of home offices



### Major Intervention Strategies

1 Get a home energy audit.

6 Install solar energy.

6 Purchase or lease a portion of a community olar project

### Reduce home-office energy use





### Promote Productivity, Health & Well-being While Working From Home

#### THE CHANGING WORKPLACE

The rapid growth of telework has prompted the federal community to reassess the traditional workplace. Indeed, a guiding principle of Workplace 2030 is that work can be done anywhere at any time As more work is done outside the office, more attention needs to be paid to ensuring our federal employees' productivity, health and well being. This includes maintaining good personal habits and creating healthy, engaging workspaces no matter where we work

being sick, they require conditions that help us thrive. Creating comfortable and healthy indoor environments, seeking social connection, ensuring regular physical activity, and removing unwanted distractions are all key. There are many ways to

**BEYOND AVOIDING ILLNESS** 

Make time for social contact

Visit "third places" like a cafe, gym, or

park to work or just to be around others.

Connect with colleagues for regular

Move around and get outside

Get outdoors for a dose of daylight

Take regular breaks to move and make time

workplace 2030

socializing activities.

and fresh air

Health and wellbeing require more than not

#### Tips to Promote a Healthy and Productive Remote Workplace:

#### 1 Optimize your work space

Create a dedicated work space area with good task lighting if you can. Select a spot with access to daylight and views of the outside Learn more about daylighting at the Whole Building Design Guide's Daylighting page. Choose comfortable, ergonomic work furniture. Check out the resources on SFTool.gov's ergonomics page for help. Include biophilic design elements like house plants.

#### 2 Make thermal comfort a priority

Set a comfortable temperature. Seal or avoid drafts around windows Wear clothing that fits the season. Avoid walls and windows that are warm or cold to the touch

#### Improve your air quality

Open windows when you can. Use fans to circulate indoor air when you can't. Change the air filters on your home air conditioning systems at least quarterly. Choose your air filter's MERV rating based on local pollution levels. Visit www.aimow.gov for more information Consider portable filters to clean the air during polluted seasons or extreme events



### Improve health & wellness







#### Solid Waste Management in the Home Office

#### THE CHANGING WORKPLACE SOLID WASTE MANAGEMENT

The rapid growth of telework has prompted the federal community to reassess the traditional workplace. Indeed a guiding principle of Workplace 2030 is that work can be done anywhere at any time. As more work is done within the home office, and more solid waste is therefore cycled through the home, we need to ensure our federal employees' can properly manage their work-related solid waste to reduce the mental impacts of telework

#### Tips to Reduce Waste Through the Reduce, Reuse and Recycle method:

#### 1 Reduce

Avoid using printers, ink, and paper as much as possible switch to electronic documents and files. Turn off and/or unplug lights during the day. This will save energy and keep your lights lasting longer. Reduce hazardous waste by buying batteries with low mercury content or using rechargeable batt · Don't leave your phones, tablets, laptops, and headsets plugged in all day, cycle charging to off-peak hours and extend the life of the batteries. Learn more about waste reduction here www.waste360.com/waste-reduction/ten-ways-reduce waste-office

#### 2 Reuse

· Extend the life of office electronics including computers, printers, phones, etc. Regular maintenance and turning off your office electronics when not working can greatly improve their life span. When possible, buy refurbished electronics. Have a vard sale to find homes for clothes, toys. ances, and books that you no longer need For indoor house cleaning, buy reusable mops, rags and sponges.

#### 3 Recycle

Recycle certain office items such as paper and ink cartridges (defer to your local recycling program). - Learn to compost at home. Snacks, coffee, and lunche at home could be composted Recycle unwanted old office electronics by taking them to stores like Best Buy. Find recycling locations and programs information or https://recyclenation.co https://www.wm.com/ https://search.earth911.com



Solid waste is accumulated more now within the

home as federal employees spend more time

### Reduce home-office waste



## **Additional Resources**

### **Client Enrichment Series**



### WIFM GHG Module

#### Remove Bookmark | Remove from myReports

add-up to 100%)

Office-Based

0

Periodic Telework

1496

45%

- 1. Beta WIFM CO2e module Tableau Dashboard
- **Client Enrichment Series** 1
- SFTool- Green Teams

| Base Case  | Scenario 1 | Scenario |
|--|------------|----------|
| _  | 450        | 900      |
| 700  | 400        | 800      |
| 600  | 350        | 700      |
| 500  | 300        | 600      |
| 200 Tons 200 | 250        | 500      |
|  | 200        | 400      |
| 300  | 150        | 300      |
| 200  | 100        | 200      |
| 100  | 50         | 100      |
| 0  | 0          | o        |



Sustainable Facilities Tool

U.S. General Services Administration

SF

#### **Planning and Engagement** Processes

Systems Thinking

Integrative Design Process

Life Cycle Perspective (Life Cycle Thinkina)

#### Green Teams

#### events, these teams seek to create a more environmentally friendly workplace.

**Green Teams** 

By promoting sustainable practices in the workplace, Green Team projects have several benefits:

initiatives through occupant-run programs and regularly occurring calendar

Referred to as Green Teams, Green Project Teams, or Eco-Teams, these groups consist of occupants/tenants and building staff who voluntarily educate fellow occupants and empower their organization to adopt

sustainable practices. Identifying and implementing building-specific

- Increased occupant engagement
- Enhanced occupant and/or tenant satisfaction

LEARN

Sustainability Topics

- Increased cost savings
- Improved regulatory compliance and environmental performance
- Improved community impact

Use our strategies below to establish your Green Team.

#### Getting Started

#### Scenario 1 Position Distrbutions Scenario 2 Position Distr add-up to 100%) Office-Based 7696 $\langle \rangle$ Periodic Telework 25% < > $\langle \rangle$ 0 0 Frequent Telework

EXPLORE

Virtual Facility

PLAN

Strategies & Tools

# The Balancing Act: Distributed Work and Greenhouse Gas Emissions



### The Balancing Act: Distributed Work and Greenhouse Gas Emissions

By Saif Sadeq, Principal, Sustainability and Building Performance

## https://noblis.org/gsa-wifmtool/

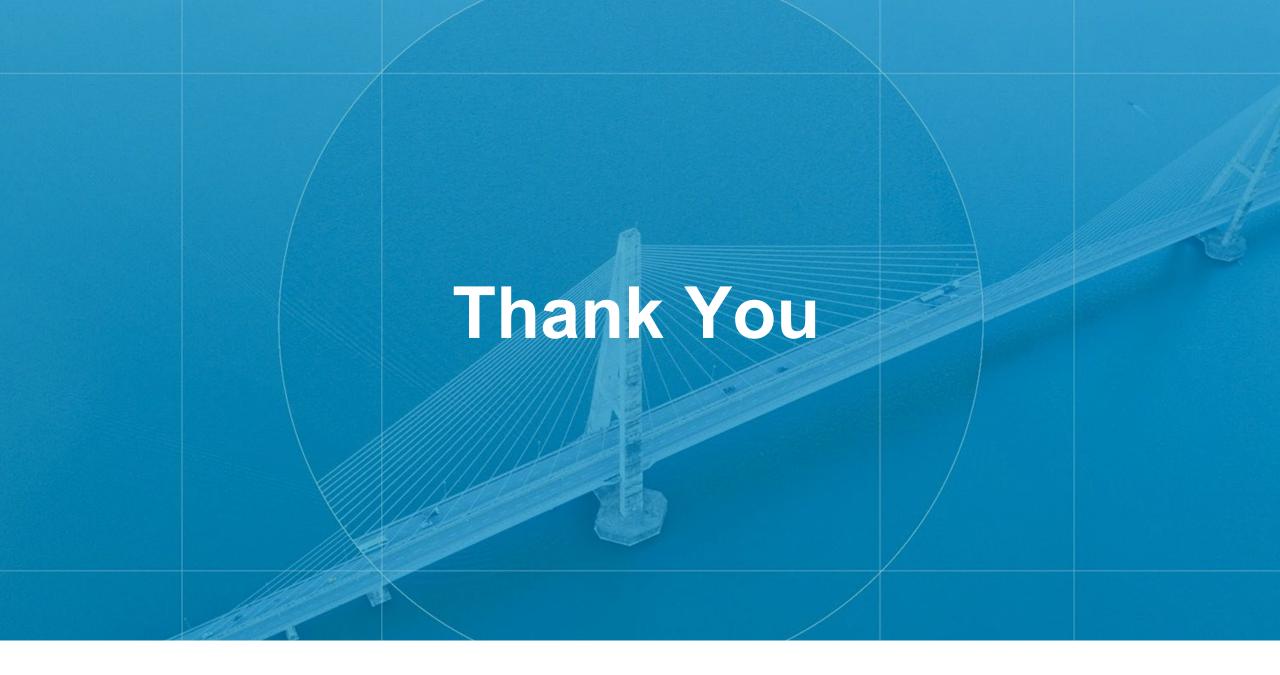
# **CONTACT INFO**

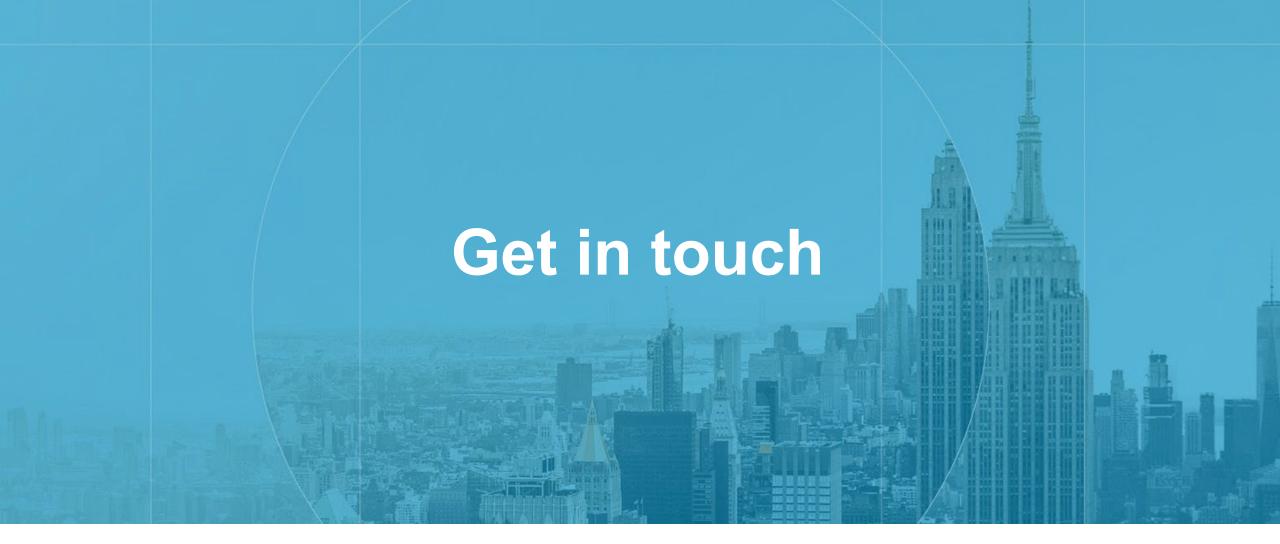
Brian Gilligan: Brian.Gilligan@gsa.gov

Saif Sadeq: Saif.Sadeq@gsa.gov

Ryan Doerfler: <u>Ryan.Doerler@gsa.gov</u>







National institute of Building Sciences 1090 Vermont Avenue NW, Suite 700 Washington, DC 20005 (202) 289-7800 nibs@nibs.org

